

# The Jacob Journal

A Newsletter from Supervisor Dianne Jacob

November 2002

Serving the Cities of:  
El Cajon  
La Mesa  
Lemon Grove  
Poway  
Santee

Serving the communities of:  
Agua Caliente  
Allied Gardens  
Alpine  
Barrett  
Blossom Valley  
Bostonia  
Boulevard  
Campo  
Canebrake  
Casa de Oro  
Crest  
Cuyamaca  
Dehesa  
Del Cerro  
Descanso  
Dulzura  
Eucalyptus Hills  
Fernbrook  
Flinn Springs  
Granite Hills  
Grantville  
Guatay  
Harbison Canyon  
Jacumba  
Jamul  
Julian  
Lake Morena  
Lakeside  
Mount Helix  
Pine Hills  
Pine Valley  
Potrero  
Ramona  
Rancho San Diego  
Rolando  
San Carlos  
San Pasqual  
Santa Ysabel  
Shelter Valley  
Spring Valley  
Tecate  
Tierra del Sol  
Vallecitos

Serving the Indian Reservations of:  
Barona  
Campo  
Cosmit  
Cuyapaipe  
Inaja  
Jamul  
La Posta  
Manzanita  
Mesa Grande  
Santa Ysabel  
Sycuan  
Viejas

## Can playing ball really help kids learn? An update on Supervisor Jacob's quest to keep young people active

When I was teaching elementary school, I told my students that math and English were so fundamental that for the rest of their lives, not a single day would pass when they wouldn't add or subtract or try to understand the meaning of words.

In history and science classes, I tried to pique young imaginations by encouraging students to understand their place in the world and urging them to take hold of their future.

On the softball field, as my students stretched and ran and kept their eyes on the ball, they acquired skills every bit as valuable as those they learned in the classroom.

Physical activity, especially team sports, teaches young people valuable life lessons that stay with them long after a simple game of softball has ended.

Students learn that the harder they practice, the better they perform. They learn how to lose with dignity and win with graciousness.

By playing sports, young people understand the benefits of working with peers as a team. They develop respect for the authority of a coach which, in turn, gives them a deeper understanding of leadership.

Exercise doesn't just raise the heart rates of

our young people, it increases their self-esteem and their potential for success.

Study after study has shown that kids who are involved in sports are better prepared to learn and less likely to get in trouble with the law than students who aren't involved in an extracurricular activity.

Some studies suggest that kids who play

organized sports are more likely to graduate from college than kids who don't.

Last winter, when the U.S. Surgeon General declared an epidemic of obesity among America's young people under 18 and urged schools to wage war

against fat, East County already was a home run ahead.

We didn't need the Surgeon General's warning to get serious about healthy activities for young people because we've been boosters of youth sports for years.

Since 1999, I've partnered with little leagues, softball leagues, soccer leagues and community groups to build recreational facilities for our kids. I've committed nearly \$4 million of your tax dollars to increase athletic opportunities for young people.

My goal goes beyond wanting kids to bat, kick and catch balls. I know from watching my students long ago, healthy bodies build healthy minds. I believe these healthy minds build healthy communities.

***“Healthy bodies build healthy minds... healthy minds build healthy communities.”***

***-Supervisor Dianne Jacob***

Benefits of exercise.....	Page 1
Benefits of exercise.....	Page 2
Eye on kids.....	Page 3
Get the <i>Journal</i> at home.....	Page 4
How to reach me or my staff.....	Page 4



Benefits of exercise  
continued on page 2

Benefits of exercise  
continued from page 1

Here's a look at some of the sports-related projects we've been working on in the Second District. I hope these projects keep your family healthy and safe!

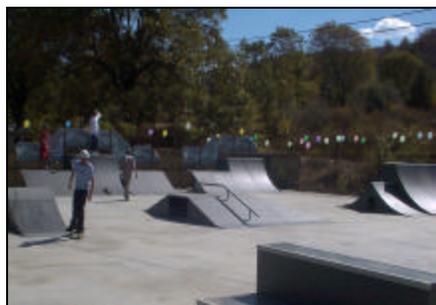
**Alpine and Crest**— I'm helping Alpine's Joan MacQueen Middle School construct multi-use ball fields, while Crest Elementary School is getting greener grass for its field. Tiny tots seem to love the new playground at the Alpine Community Center.

**Pine Valley, Potrero, Jacumba, Campo, Boulevard and Descanso**— At Pine Valley Elementary School, kids are swinging on their new playground. Meanwhile, it's a jungle out in the Eastern Mountain Empire— a jungle gym that is. Potrero, Jacumba, Campo, Boulevard and Descanso elementary schools are gearing up for new playgrounds.

**Jamul**— Soccer, baseball and softball players will enjoy the spruced up of fields of Jamul Elementary and Jamul Intermediate schools. Funding for a new well should help keep the grass green.

**Julian**— Known for its apples, Julian soon may be known for its skateboarders. Last month, we celebrated the opening of our long-awaited skateboard park at Jess Martin Park.

Young people are head over wheels with the quarter pipes and grinding rails. The new playground is also a favorite.



**Ramping up:** Young people love Julian's new skateboard park at Jess Martin Park.

**La Mesa**— I was thrilled to help the Junior Seau Sports Complex install new barbeques, landscaping, irrigation systems and football fields. Helix High has fresh grass growing on its new multi-use ball fields.

**Spring Valley**— It doesn't matter if you play on the upper or lower fields at Spring Valley Middle School. The fields are all new and ready for action!

**Lakeside**— Rios Canyon is a great place to watch a game thanks to the sod, benches, picnic tables, fences and walkways at the park.



**Field of Dreams:** Little leaguers celebrate Opening Day at LaChappa Field.

I had a ball working with Lakeside Bobby Sox to bring new grass to two softball fields at Cactus Park along with bleachers, fences, restrooms and a playground. The Pony League and I teamed up for new grass and we

upgraded its snack bar, bleachers, dug outs and lights, too.

Lakeside American Little League and I improved six fields, installed a well and re-routed horse trails at LaChappa Field. If you catch a Lakeside National Little League game next year, you'll enjoy popcorn and sno-cones in the upgraded bleachers at Lakeside Middle School. And, if you're patient, soon you'll find a teen center at Lindo Lake Park.

**Ramona**— Ramona Pony Baseball had a great summer thanks to new bleachers, bases and infield dirt at Wellfield Park. Pop-Warner football players are starting their second season on their renovated field. Collier Park is easier to navigate with improved walkways. Skateboarders should keep their eyes on plans for a new skateboard park.

**Rancho San Diego**— Picnic areas, trails, shade shelters and a new playground and multi-use ball fields are in the works for Cottonwood Park III. Planned basketball courts should please young athletes. Also, Steele Canyon High School's new scoreboard should be up and ticking soon.

**Santee**— You're never too young to exercise in Santee. The Santee YMCA is about to begin construction on its gym and pool. The project includes a gymnastics section just for preschoolers. Athletes who use the fields at Santana High School should find sports more illuminating after field renovations which include new lights, are complete.

# Supervisor Jacob's Eye on Kids...

## Sex offenders don't belong near schools

**T**ake a look at the County's Registered Sex Offender pin map— easily accessible through my website at [www.diannejacob.com](http://www.diannejacob.com)— and it's disturbing how many sex offenders cluster near schools.

I want areas around schools and childcare centers cleared of these dangerous predators, and I'm grateful that my colleagues on the Board have joined me to work to make this happen.

The County wants to sponsor State legislation that would keep sex offenders who've committed crimes against minors from living within a quarter mile of schools and childcare centers.

When a sex offender is released from prison, it is often a condition of parole that the offender live a determined distance from schools and day care centers. I believe this preventative measure should apply to *all* registered sex offenders, not just offenders the court deems eligible.

What's the next step? The County is looking for members of our State delegation who are just as serious as we are about protecting kids.

## Tougher punishment for porn possession

**T**he statistics and testimonials are chilling: People who buy and view child pornography are highly likely to take advantage of children. That's why public health experts say that child pornography is a progressive weapon. They say it's not a matter of *if* a viewer of child porn will commit a crime against a child, it's a matter of *when*.

The County believes it's time to change State law to make it a felony to possess child pornography. Many people are surprised to learn that current law considers possession of child porn a misdemeanor. This means people convicted of possessing it rarely spend time in jail. Child pornography is beyond illegal. It's tragic, destructive and cruel. The County stands ready to toughen up on porn possession and we hope our State leaders are with us.



## Join me for Coffee and Conversation

**Friday, December 13, 2002 at 8:30 a.m.**

**Bread Basket of Alpine  
1347 Tavern Road, Alpine**

# Get The Jacob Journal!

The Jacob Journal will be mailed to you on a regular basis by request only. So, if you like what you've read, fill out the form below and mail it back to us at 1600 Pacific Highway, San Diego, CA 92101 or fax it to us at (619) 696-7253. We'll put you on our mailing list to get The Jacob Journal regularly!

Name \_\_\_\_\_

Signature \_\_\_\_\_

Company \_\_\_\_\_

Mailing Address \_\_\_\_\_

City, Zip \_\_\_\_\_

Phone/e-mail \_\_\_\_\_

We hope to hear from you soon!

Dec-02

(619) 531-5522

The Second District Staff

**Shannan Sorrell**

*Chief of Staff*

**Mike Kulis**

*Deputy Chief of Staff*

**Chimene Adams**

*Policy Advisor*

**Teresa Alvarez**

*Administrative Assistant*

**Caroline Braun**

*Field Representative*

**Jeff Collins**

*Policy Advisor*

**Darren Gretler**

*Land Use & Conservation  
Policy Advisor*

**Alan Pentico**

*Policy Advisor*

**Donna Sievert**

*Office Manager & Scheduler*

**Jennifer Stone**

*Communications Advisor*

## **DIANNE JACOB**

*Supervisor, Second District  
San Diego County Board of Supervisors  
1600 Pacific Highway, Room 335  
San Diego, CA 92101*

*(619) 531-5522  
(800) 852-7322 toll free  
(619) 696-7253 fax*

*e-mail:  
dianne.jacob@sdcounty.ca.gov*

*website:  
www.diannejacob.com*