



# THE JACOB JOURNAL

A Newsletter from Vice Chairwoman Dianne Jacob

September 2008

Serving the Cities of:  
El Cajon  
La Mesa  
Lemon Grove  
Poway  
Santee

Serving the communities of:  
Agua Caliente  
Allied Gardens  
Alpine

Barrett  
Blossom Valley  
Bostonia  
Boulevard  
Campo  
Canebrake  
Casa de Oro  
Crest

Cuyamaca  
Dehesa  
Del Cerro  
Descanso  
Dulzura  
Eucalyptus Hills  
Fernbrook

Flinn Springs  
Granite Hills  
Grantville  
Guatay  
Harbison Canyon  
Jacumba  
Jamul  
Julian

Lake Morena  
Lakeside  
Mount Helix  
Pine Hills  
Pine Valley  
Potrero  
Ramona

Rancho San Diego  
Rolando  
San Carlos  
San Pasqual  
Santa Ysabel  
Shelter Valley  
Spring Valley  
Tecate

Tierra del Sol  
Vallecitos  
Wynola

Serving the Indian Reservations of:  
Barona  
Campo  
Cosmit  
Cuyapaipe  
Inaja  
Jamul  
La Posta  
Manzanita  
Mesa Grande  
Santa Ysabel  
Sycuan  
Viejas



Pigskin Report” on our televisions every Friday night!

Youth sports, especially high school football, are an East County tradition. Over the years, Supervisor Jacob has invested heavily in that tradition by securing County dollars to expand and improve sports facilities for kids.

Recently, she teamed up with the Matadors of Mount Miguel High School to replace the school’s 50-year-old football field with top-of-the-line synthetic turf.

To celebrate the upgrade, the Matadors were joined by three well-known professionals who know their way around a football field: Chargers quarterback Phillip Rivers and backup quarterbacks Charlie Whitehurst and Billy Volek. Only Qualcomm Stadium on fall Sundays was louder.

In addition to a \$350,000 grant from the County, the project was funded by a \$200,000 grant made possible by the San Diego Chargers and the National Football League.

A former teacher, Supervisor Jacob also coached girls softball. She knows that kids who stay active in sports are more likely to do better in school and less likely to get in

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## Superscoopers on Standby in Backcountry

With peak fire season fast approaching, two amphibious “Superscooper” airplanes are stationed in Ramona for the next three months to fight wildfires.

The Bombardier CL-415 Superscoopers are being leased by the county from the government of Quebec for about \$3 million this season. Also leased was an Aero Commander 690 plane used for supervisory purposes.

The Superscooper aircraft are capable of taking off five



minutes after being requested and drop about 1,600 gallons of water or fire-suppression foam with each pass. They refill their tanks by skimming low over the surface of a lake or ocean. The planes offer peace of mind during the height of fire season.

**Charging into fall**

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**Our Turf:** Supervisor Jacob joins Mount Miguel High School students, Chargers players and school officials to celebrate the Matadors' new synthetic turf.

trouble with the law. That's why she's partnered with East County communities on more than 100 athletic improvement projects, including baseball and soccer fields, skateboard parks, scoreboards, pool decks, bleachers, tot-lots, wrestling mats, snack bars, hiking trails, running tracks, gyms and teen centers.

Supervisor Jacob is determined to make East County tops in the region

when it comes to recreational facilities.

The turf at Mount Miguel is the latest of nine turf projects completed in the Grossmont Union High School District. Word is, there are more fields in the works.

Supervisor Jacob wishes good luck to all East County sports teams. Have a safe fall season!

## Foster Care Siblings Connect at Camp

Most of us take for granted time spent laughing, talking and even fighting with our siblings. Kids in foster care, however, face a different reality. For a variety of reasons, including medical needs and availability of care, not all sibling groups can be placed together.



That's where Camp Connect West comes in. The innovative getaway gives siblings in foster care the chance to spend meaningful time together, making memories and strengthening family bonds.

This month, more than 60 foster youth ages six to 16 enjoyed a weekend with their brothers and sisters at Julian's Camp Cedar Glen. They swam, hiked and sang songs around the campfire. They also made scrapbooks and memory pillows.

San Diego County Child Welfare Services and United Way of San Diego were the driving forces behind the weekend. Many businesses contributed too, including the Alpine Kiwanis, the Church of St. Luke in El Cajon and the St. Luke Knights of Columbus.

## County Expands Cherished Grasslands

From its hawks to its native grasses, the Ramona Grasslands preserve is among the rarest habitats in Southern California. The sweeping landscape truly embodies Ramona's rural heritage.

Thanks to a partnership between the County, State and Federal government and The Nature Conservancy, the preserve is the proud



owner of nearly 3,500 new acres— more than seven times its current size. The acquisition includes the areas of Gildred Ranch, Davis-Eagle ranch and Oak Country.

The County Department of Parks and Recreation is developing a long-term management plan for the preserve that includes public access to multi-use trails that connect to the Santa Maria Creek Greenway and trails within the community of Ramona. The first phase should open in late 2009.

## Another Sober Suc-

**A**ddiction doesn't just affect individual addicts. It affects their children, families and, ultimately, entire communities.

Kim Shively learned that the hard way when her daughter Cassie followed Kim's footsteps down the destructive path of meth addiction. It was a world of violence, chaos, arrests and despair, leaving no time for a mother-daughter relationship.

Both women are clean now and making up for lost time. They are living proof that addiction is treatable. With hard work and perseverance, addicts can find a peaceful and productive life.

Supervisor Jacob congratulated Kim and Cassie at a special celebration of National Alcohol and Drug Addiction Month. The event praised the thousands of San Diegans who enter and complete treatment programs throughout the County each year.

During 2007, more than 13,000 people entered treatment programs funded by the County's Alcohol and Drug Services division. More than 11,000 were



**Clarity:** Kim Shively (left) and daughter Cassie Shively remain free from meth addiction. Kim says sobriety has given them their relationship back.

adults and more than 1,800 were adolescents. Men outnumbered women almost two to one.

Nearly 40 percent of patients in County-funded programs sought help for meth addiction. Other drugs of choice included alcohol, marijuana, cocaine and heroin.

***There's help for meth addiction. Call the County's Meth Hotline at 1-877-No2Meth or visit [www.No2Meth.org](http://www.No2Meth.org).***

## Voluntary Screenings Helping Patients Confront Substance Abuse

**T**he stats are in and the results are impressive. The innovative CABIRT program, short for California Screening Brief Intervention and Referral to Treatment, is helping thousands of San Diegans get help for drug and alcohol abuse. CASBIRT offers voluntary alcohol and drug screenings at local hospitals and health centers. During the program's first year, health educators conducted 29,000 voluntary screenings of patients. More than 27,000 resulted in brief interventions and education of people with moderate risk of substance abuse, the program's target population. About 2,000 people were referred to treatment because of high risk of abuse. Thanks to the screenings, many of these individuals are making big changes in their lives. Before CASBIRT, 13 percent of patients said they abstained from alcohol and drug use. Six months later, 39 percent said they had not used alcohol or drugs. That is a whopping 200 percent increase!

***People with alcohol and other drug problems can access treatment by calling the San Diego Access and Crisis Line at (800) 479-3339.***



### Recycle your used batteries!

Wondering what to do with used batteries that can't go in the trash? The County's Department of Environmental Health is partnering with the County Library to provide collection containers at many backcountry libraries. Collection sites are available at libraries in Alpine, Campo, Jacumba, Julian, Pine Valley, Descanso and Portero.

***For library locations and hours visit [www.sdcl.org](http://www.sdcl.org).***

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We hope to hear from you soon!

Sept.08

(619)531-5522

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**Jeff Collins**

*Chief of Staff*

**Caroline Braun**

*Senior Field Representative  
Policy Advisor*

**Natalie Clark**

*Policy Advisor*

**Marilu Glassman**

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*Policy Advisor*

**Jennifer Stone**

*Communications Advisor*

**Adam Wilson**

*Land Use Advisor*

## **DIANNE JACOB**

*Supervisor, Second District  
San Diego County Board of Supervisors  
1600 Pacific Highway, Room 335  
San Diego, CA 92101*

*(619) 531-5522*

*(800) 852-7322 toll free*

*(619) 696-7253 fax*

*e-mail:*

*Dianne.Jacob@sdcounty.ca.gov*

*website:*

*[www.diannejacob.com](http://www.diannejacob.com)*